Key Messages

- In Montenegro, 7 percent of children under five are stunted.
- The percentage of stunted children whose mothers have primary school or less is higher than the percentage of stunted children whose mothers have higher education (18 percent compared to 6 percent).
- 7 percent of children under 5 are overweight.
- Similarly, North and South are regions with the higher percentages of overweight children (12 and 11 percent respectively) compared to Central region (4 percent).
- 2 percent of children under 5 are wasted.
- Younger children are more wasted than older ones. 10 percent of children aged 0-5 months are stunted and 2 percent of those who are aged 48-59 months.
- 4 percent of children under 5 are underweight.

Stunting: SDG 2.2.1

Stunting refers to a child who is too short for his or her age. Stunting is the failure to grow both physically and cognitively and is the result of chronic or recurrent malnutrition.

Percentage of children under 5 who are stunted

Wasting: SDG 2.2.2

Wasting refers to a child who is too thin for his or her height. Wasting, or acute malnutrition, is the result of recent rapid weight loss or the failure to gain weight. A child who is moderately or severely wasted has an increased risk of death, but treatment is possible.

Percentage of children under 5 who are wasted

Overweight: SDG 2.2.2

Overweight refers to a child who is too heavy for his or her height. This form of malnutrition results from expending too few calories for the amount consumed from food and drinks and increases the risk of noncommunicable diseases later in life.

Percentage of children under 5 who are overweight

Underweight

Underweight is a composite form of undernutrition that can include elements of stunting and wasting (i.e. an underweight child can have a reduced weight for their age due to being too short for their age and/or being too thin for their height).

Percentage of children under 5 who are underweight

Anthropometric Malnutrition Indicators by Age

- Stunting
- Overweight
- Wasting
- Underweight

Percentage of children who are underweight, stunted, wasted and overweight, by age in months
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The objective of this snapshot is to disseminate selected findings from the 2018 Montenegro MICS related to Nutritional Status of Children. Data from this snapshot can be found in tables TC.8.1 in the Survey Findings Report.

Further statistical snapshots and the Survey Findings Report for this and other MICS surveys are available on mics.unicef.org/surveys.