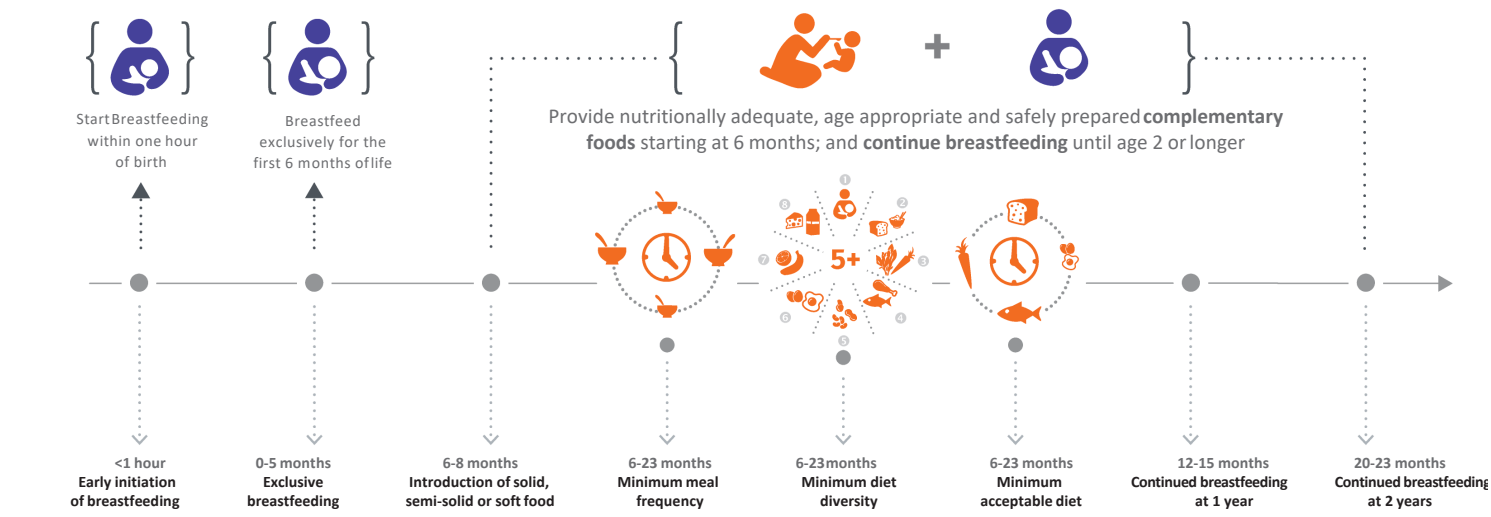
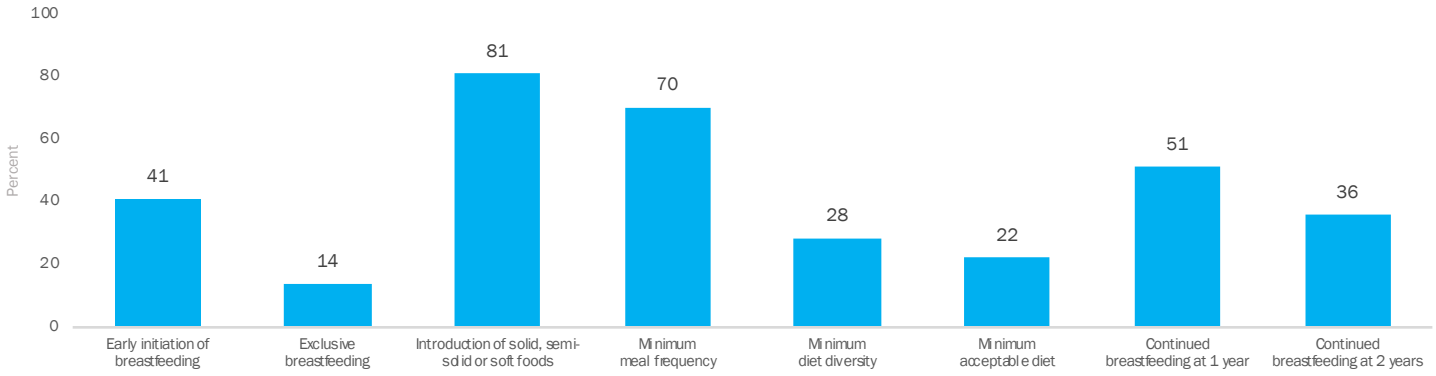
Montenegro
Roma Settlements 2018

Infant & Young Child Feeding (IYCF)

Multiple Indicator Cluster Surveys

Infant & Young Child Feeding: Roma Settlements





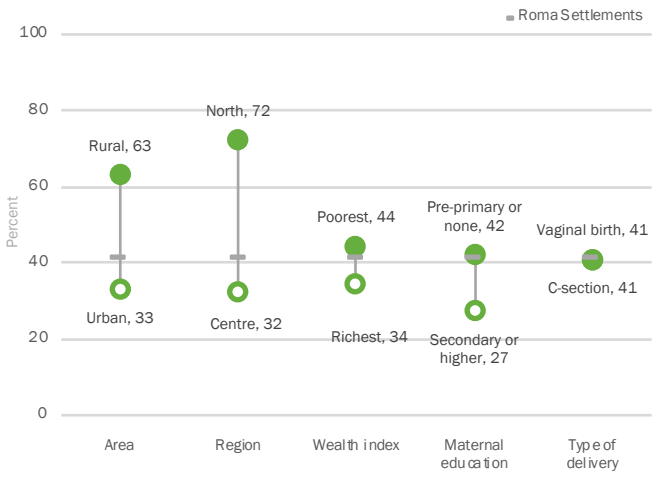
Early initiation: percentage of newborns put to breast within 1 hour of birth; **Exclusive breastfeeding:** percentage of infants aged 0-5 months receiving only breastmilk; **Introduction to solids**: percentage of infants aged 6-8 months receiving solid or semi-solid food; **Minimum diet diversity:** percentage of children aged 6-23 months receiving 5 of the 8 recommended food groups; **Minimum meal frequency:** percentage of children aged 6-23 months receiving the recommended minimum number of solid/liquid feeds as per the age of child; **Minimum acceptable diet:** percentage of children aged 6-23 months receiving the minimum diversity of foods and minimum number of feeds; **Continued breastfeeding at 1 year:** percentage of children aged 12-15 months who continue to receive breastmilk**; Continued breastfeeding at 2 years:** percentage of children aged 20-23 months who continue to receive breastmilk.

Key Messages

- Overall, two in five newborns in Roma Settlements are first breastfed within one hour of birth. Women in rural areas are twice as likely to initiate early breastfeeding than those living in urban areas.
- Every sixth child aged 0-5 months living in Roma Settlements is exclusively breastfeed by age 6 months.
- Although timely introduction of solid or semi solid foods is widespread among children aged 6-8 months living in Roma Settlements, and minimum meal frequency is high among children aged 6-23 months, slightly less than one-third of children this age received the minimum diet diversity (5 of the 8 recommended food groups) and only one-fifth received the minimum acceptable diet.
- Children aged 6-23 months in Roma Settlements whose mothers have secondary or higher education are more likely to receive the minimum diet diversity than those whose mothers have a pre-primary education or no education.

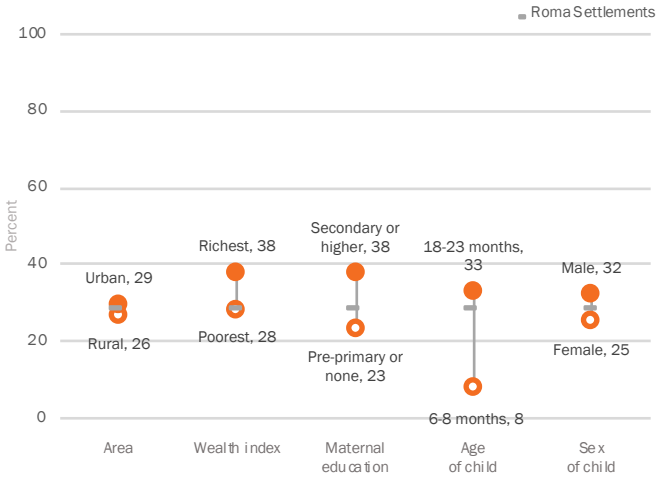
IYCF: Equity in Roma Settlements

Early Initiation of Breastfeeding



Percent of newborns in Roma Settlements put to the breast within one hour of birth, by background characteristics

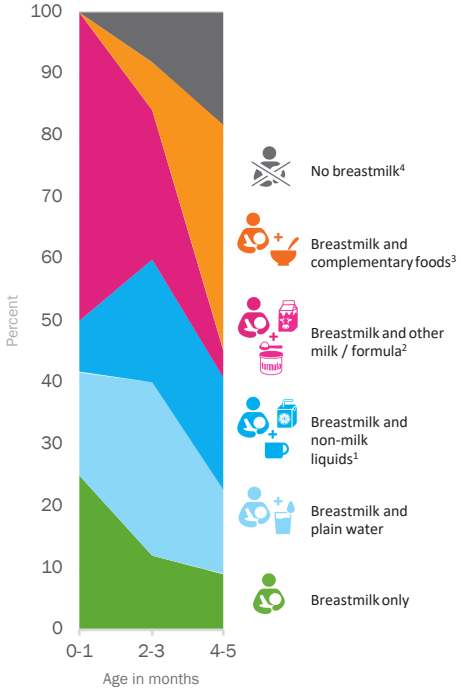
Minimum Diet Diversity



Percent of children aged 6-23 months in Roma Settlements that were fed food from at least 5 out of 8 food groups, by background characteristics

IYCF: What are the Youngest Infants Fed?

Liquids or foods consumed by infants 0-5 months old in Roma Settlements



Percent of infants aged 0-5 months in Roma Settlements receiving breastmilk only, breastmilk and plain water, breastmilk and non-milk liquids, breastmilk and other milk/formula, breastmilk and complementary foods and no breastmilk

Notes: 1) may also have been fed plain water; 2) may also have been fed plain water and/or non-milk liquids; 3) may also have been fed plain water, non-milk liquids and/or other milk/formula; 4) may have been fed plain water, non-milk liquids, other milk/infant formula and/or solid, semi-solid and soft foods.

Data by Area in Roma Settlements

Area	Age-appropriate breastfeeding	Median duration (in months) of any breastfeeding	Median duration (in months) of exclusive breastfeeding	Median duration (in months) of predominant breastfeeding
Urban	35	8.9	0.5	2.5
Rural	32	20.7	0.5	0.8

Percent of children aged 0-23 months in Roma Settlements who were appropriately breastfed during the previous, and median duration in months of any breastfeeding among children age 0-35 months and median duration of exclusive breastfeeding and predominant breastfeeding among children age 0-23 months, by area

The Montenegro Roma Settlements Multiple Indicator Cluster Survey (MICS) was carried out in 2018 by the Statistical Office of Montenegro (MONSTAT) as a part of the global MICS programme. Technical support was provided by the United Nations Children's Fund (UNICEF). UNICEF, the Government of Montenegro and UNHCR provided financial support.

The objective of this snapshot is to disseminate selected findings from the 2018 Montenegro Roma Settlements MICS related to Infant & Young Child Feeding (IYCF). Data from this snapshot can be found in tables TC.7.1.R, TC.7.3.R, TC.7.4.R, TC.7.5.R, TC.7.6.R and TC.7.7.R. in the Survey Findings Report.

Further statistical snapshots and the Survey Findings Report for this and other MICS surveys are available on mics.unicef.org/surveys.